



## Stingray Allstars 2010-2011

Welcome to The Stingray Allstar program. We are delighted that you have chosen to become a part of one of the most prestigious allstar programs in the country. Our mission at Stingray Cheer Company is to enrich the lives of the children and their families through the sport of competitive cheerleading. Our goal each day is to teach our athletes the value of commitment, hard work, integrity, leadership, self confidence, positive attitude and a love for the sport. It is our goal to be the very best Allstar program in the country. Each and every family is important to us and our program. We invite you to come and see what it is like to be "*One of a Kind*"!

Take a moment to read through the entire packet, as we have made several changes.

After you have read and understand the tryout packet, please fill out the following pages:  
Financial Commitment (credit card information), Statement of Commitment, Roster Information for Team Rep, Tryout Form and Member Form and Waiver.

Please be prepared to turn in all of the above pages along with a photocopy of your cheerleader's **birth certificate** and your tryout fee. Tryout fee is **\$50.00** if you turn in your completed packet by April 1st. Any tryout packet turned in on April 2<sup>nd</sup> or after will be charged a **\$75.00** tryout fee.

Any questions may be addressed to:

Casey Jones-President/Owner [casey@stingrayallstars.com](mailto:casey@stingrayallstars.com)

Roger Schonder-Allstar Director [roger@stingrayallstars.com](mailto:roger@stingrayallstars.com)

Susie Dufresne/Robyn Grinstead-Office/SABC Manager [office@stingrayallstars.com](mailto:office@stingrayallstars.com)

Stingray Cheer Company  
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## Stingray Allstars 2010-2011

### Stingray Allstar Program Rules Parent/Cheerleader Codes of Conduct

- If you ever have a problem, with anything, please do not hesitate to contact the gym, your coach, the Allstar Director or the owner. We are here for YOU.
- If you have any questions or concerns that need immediate attention please use the following chain of command:  
*1. Team Rep 2.Head Coach 3.Allstar Director 4.Owner/President*
- It is your responsibility to wear the appropriate practice wear to every practice.
- Any additional clothing items (sweats, long pants, etc.), cell phones, school bags, or gym bags must be taken into the gym and stored on the concrete adjacent to the floor you are practicing on. NO items are to be left in the gym hall ways and cell phones must be turned off when practice starts.
- **NO GOSSIP** about any other teams (allstar or school), **NO GOSSIP** about a child on your team or another team. **NO GOSSIP** about coaches and staff. It is much better to address a problem than to listen to idle gossip.
- No profanity or abusive language.
- Please keep in mind the gym is not a babysitting service. We want our allstars to use the gym as often as possible, but no child should be dropped off at the gym unsupervised.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- During practice your opinion does not count. All squad and routine decisions are left to the discretion of the coaches.
- Please feel free to talk to your coach about anything; just remember to do it at the appropriate times. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Never post any negative comments on any websites or chat rooms.
- You may not use the word “**stingray**” or any derivative of that word or your **team color** or team **nickname** in any form as a user name on websites or in your email address.  
i.e. [iamaraymom@aol.com](mailto:iamaraymom@aol.com) , [redraysrule@comcast.net](mailto:redraysrule@comcast.net), etc.
- No one is allowed to post Stingray allstar music, choreography, routines, stunts, etc on any websites. This includes, but is not limited to “My Space”, “Face Book”, “You Tube”, etc.
- Every year we go through losses and additions of team members. The dismissal/addition of a team member is solely the coach’s decision.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a squad will be dismissed from the program *immediately*.
- Please do not take valuables to the gym; we are not responsible for unattended items.
- Only cheerleaders and coaches are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the parent viewing area window during practices or tumble classes. **This is extremely distracting to all involved.**
- The coaches reserve the right to close practices at **ANY** time for **ANY** reason. In this event, the team rep will remain at practices.
- It is the parent’s responsibility to know what is going on with your squad. Check your emails and the website regularly.
- Withholding a child from a practice or a competition should never be used as a form of punishment.
- Athletes should be able to handle school work and Allstar practices, homework is not an acceptable excuse for missing practice.
- Each team will be assigned teams to watch at competitions. We would love to have everyone there all day, but at the very least, you are obligated to watch your assigned teams.
- Parents, relatives, friends and cheerleaders are *never* allowed to speak with competition officials for any reason.
- Parents are *never* allowed to represent The Stingray Allstars or Stingray Cheer Company under any circumstances concerning accommodations, competitions or any other situation.
- All Stingray cheerleaders and Stingray family/friends will show good sportsmanship at all times.
- There will be no arguing or questioning of the coaching staff’s decisions at competitions.
- ❖ If a problem arises between you and a team mate or another parent, the problem will be addressed with all parties involved at a meeting with your coach and the Allstar director.
- ❖ Anonymous emails/letters/texts/twitters, etc will be ignored.
- The Allstar Director may change, add or subtract any rule at any time.

**GOOD SPORTSMANSHIP, POLITE MANNERS AND A KIND DISPOSITION ARE MANDATORY AT ALL COMPETITIONS AND PRACTICES. THIS PROGRAM PRIDES ITSELF ON SETTING A HIGH STANDARD OF BEHAVIOR. PLEASE HELP US TO CONTINUE IN THIS ENDEAVOR.**

## Stingray Allstars 2010-2011

### Travel

- All Cheerleaders will use the same accommodations at all out of town competitions.
- There must be a parent in every room, *no exceptions*.
- **Each cheerleader must have a chaperone at every competition.** It is not your coach, Team Rep or Stingray staff's responsibility to be your child's chaperone.
- It is your responsibility to pay the hotel directly for your room.
- Bus service may be provided at out of town competitions. The cost of the bus is an additional fee that will be paid by each cheerleader. Parents and family members have use of the bus also, but only the cheerleader is charged. (Note: The buses run between hotels and competition site only.)
- Proper traveling attire will be discussed with each team prior to an out of town competition.

Stingray Cheer Company will reserve a block of rooms at a hotel of our choice. Due to the size of our program we are limited in our hotel selections. Safety is also a major factor when choosing a hotel. Be prepared to pay around \$200.00 a night for accommodations (09-10 season, hotels were about \$100.00 per night). We will do our best to negotiate a lower rate; however we want everyone to know what to expect. You will make payments directly to the hotel, not to Stingray Cheer Company or Stingray Allstar Booster Club.

Furthermore, it is very important that everyone turn in all hotel forms and rooming lists as soon they are due. Please be very accurate when filling out your forms, you will be charged \$25.00 for any changes made after the turn in date.

### Competitions

- All competitions will be chosen by the coaching staff.
- All teams will travel.
- Some teams may travel more than others.
- Competition season begins in October 2010 and will run through March of 2011.
- Worlds are in April, we may have teams competing in this event.
- All Levels Championship is also in April; all teams will attend this event.
- At this time, we are not going to list all of the competitions we will attend. As the season approaches, the coaches will decide on what competitions the teams will attend. We will get the list out to you all as soon as we have decided on them.

### Important Dates

May 3<sup>rd</sup>-Team Practices begin.

May 9<sup>th</sup>-Mother's Day, no practice, each team will reschedule their practice.

May (mid month) - Uniform fitting.

May 28<sup>th</sup> -31<sup>st</sup> -Memorial Day Weekend, gym closed.

June 20<sup>th</sup> -Father's Day, no practice, each team will reschedule their practice.

June 28<sup>th</sup>-July 4<sup>th</sup>- Fourth of July holiday, practice TBA.

September 3<sup>rd</sup> - 6<sup>th</sup>-Labor Day Weekend, gym closed.

October 24<sup>th</sup>-Halloween Jam, some teams will exhibition.

November 22<sup>nd</sup> -26<sup>th</sup>-Thanksgiving Holiday, gym closed. .

November 28<sup>th</sup>-Mandatory practice resumes.

December 20<sup>th</sup> -January 2<sup>nd</sup>- Christmas Holiday, gym closed, check with your coach for practice schedule.

January 2<sup>nd</sup> - Mandatory allstar practice resumes.

*Choreography dates will be announced as soon as we have them scheduled.*

## Stingray Allstars 2010-2011

### FAQ'S

- Q: How much does it cost?
- A: Minimum monthly tuition is \$125.00. You can expect to pay about \$1600.00 into your SABC account. This does not include travel expenses.
  
- Q: How do we get our uniforms?
- A: We will have uniform fittings in May, this is a mandatory date. You will have your uniform before the first competition.
  
- Q: When can my child “move up”?
- A: We reserve the right to move a child at any given time.
  
- Q: How do you select teams?
- A: We select teams to be the most competitive in each level.
  
- Q: Why did my daughter lose her “spot” in the routine?
- A: There are no assigned “spots”. Adjustments are constantly made to routines. We will adjust formations as needed for the flow and choreography of the routine.
  
- Q: Can my daughter fly?
- A: If the coach feels that your daughter should be a fly, she will be.
  
- Q: Does the roster change for Worlds teams?
- A: The teams attending Worlds will be the best of the best we have to offer. This means, there may be some roster changes. The coaches reserve the right to replace an athlete that has lost a certain skill that put them on their team originally. Also, if there are monies outstanding to either Stingray Cheer Co. or to the SABC, that athlete may be removed from their team.
  
- Q: Why do some parents sit in the parent area and bad mouth the coaches, kids or other teams?
- A: **We have no idea!**

**All teams will have a very informative meeting during their first week of practice. This meeting will go over the coach's expectations of your new team. They will go over their attendance/tardy policy. They will brief you on your teams conditioning and physical fitness agenda. Dress code and practice attire will be addressed, and as competition season approaches they will go over what to wear to competitions and your travel wear. Each coach will differ slightly in all of these areas. Please make plans to attend this meeting.**



**Stingray Allstars  
2010-2011**

**Financial Commitment**

2010-2011 Allstar Season payment policy.

Everyone will provide a credit card number for monthly payments. You must provide full credit card/debit card information; this will be entered into our computer program and *used only for the minimum monthly fees* (if you take additional classes you must pay for those on a monthly basis). You may pay by check, cash or credit/debit card before the 15<sup>th</sup> of each month, however, if you have not paid by the 15<sup>th</sup>, your credit card/debit card will be automatically drafted.

Name as it appears on the card: \_\_\_\_\_

Type of Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Allstar Fee is \$125.00 per month; this includes one tumble class per week (this fee remains the same if you choose not to take your tumble class).

Any extra stunt, stretch, or private classes will be billed to your Stingray Cheer Company account.

For office use only:

May	November
June	December
July	January
August	February
September	March
October	April

**Stingray Allstars  
2010-2011**

Stingray Allstar Booster Club  
(SABC)

Item	Amount payable to SABC
Annual Booster Club Fee (per family)	\$125.00
Uniform Top, Skirt and Bloomers	\$250.00
Choreography/Music Fee	\$250.00
Competition Fees (Est.), 4 Installments	\$225.00

\*\*\*Each cheerleader will be required to have a pair of black “swishy” pants or warm ups, **flesh colored** sports bra to be worn under your uniform top (males excluded, of course), a pair of white no show socks and a pair of Infinity shoes. We will offer the pants, warm-ups and shoes through the gym on fitting day, you may purchase then or on your own. Warm-ups will need to be ordered at fitting.

**SABC Payment Schedule**

Fee	Due Date
Annual Booster Club Fee	May 3 <sup>rd</sup> -6 <sup>th</sup>
Total cost of uniform, practice clothes, shoes	Week of uniform fitting, date TBA.
Choreography/Music Fee \$250.00	June 15 <sup>th</sup>
Competition Entry Fee \$225.00	July 15 <sup>th</sup>
Competition Entry Fee \$225.00	August 15 <sup>th</sup>
Competition Entry Fee \$225.00	September 15 <sup>th</sup>
Competition Entry Fee \$225.00	October 15 <sup>th</sup>

**\*\*\*The credit card that you provided for your monthly tuition will also be put in your SABC file. \*\*\*  
If you do not make your scheduled payments to SABC on the set dates, your credit card will be charged for that fee.**

Stingray Cheer Company and the SABC accept checks, money orders and all major credit cards. All correspondences to the SABC must be made through the front office. Statements are emailed periodically. If you have any questions about either account please, do not hesitate to call the front office.

We have fundraisers available to those who are in financial need. It is possible to pay for an ENTIRE season on the fundraisers we offer. If needed, please take advantage of these fundraisers so your child can participate. For more information please email Terri Wood at [fundraising@stingrayallstars.com](mailto:fundraising@stingrayallstars.com).

If there is a financial problem, please talk to Casey Jones immediately. Your coach will not be able to advise you on these matters.

There will be no refunds made to anyone who is asked to leave the program or that quits a team. This includes all monthly fees and any monies paid into your SABC account.

**ALL GYM AND BOOSTER CLUB FEES FOR PRIOR SEASON MUST BE PAID IN FULL BEFORE YOUR CHILD WILL BE ALLOWED TO TRYOUT FOR THE UPCOMING SEASON.**

**Stingray Allstars  
2010-2011**

Statement of Commitment

**Financial Commitment**

I have read and fully understand my financial commitment to The Stingray Allstars outlined in this tryout packet. I understand that my commitment is for the 2010-2011 Allstar competitive season. I understand that I am giving my credit card/debit card information, that information may be used if I do not meet payment deadlines to Stingray Cheer Co., Inc or to SABC. I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program. I understand that I am entering into this program of my own free will.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Policies and Expectations Commitment**

I have read and fully understand all codes, rules and expectations in this tryout packet. I understand that I am entering into this Allstar program of my own free will. I understand what is expected of me as a parent and an Allstar cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a Stingray Allstar.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Cheerleader Signature \_\_\_\_\_ Date \_\_\_\_\_

Turn this page in with your paperwork.

**Stingray Allstars  
2010-2011**

Roster Information for Team Rep

Cheerleader Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ Zip Code \_\_\_\_\_

Subdivision \_\_\_\_\_ School \_\_\_\_\_ 10-11 Grade \_\_\_\_\_

Birth Date \_\_\_\_\_ Home Phone Number \_\_\_\_\_

Medical Conditions/Allergies \_\_\_\_\_

Cheerleader Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Mom Name \_\_\_\_\_ Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Dad Name \_\_\_\_\_ Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

List other information here (guardian name & #, work #s, etc) \_\_\_\_\_

Emergency Contact & #, other than parent \_\_\_\_\_

*Please circle T-shirt and Jacket Size*

T-shirt: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

Jacket: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

Shorts: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

Tryout Form

**Stingray Allstars  
2010-2011**

Name \_\_\_\_\_

Age as of August 31, 2010 \_\_\_\_\_

Attach Photo Here

Birthday \_\_\_\_\_ Height \_\_\_\_\_

Grade 09-10 \_\_\_\_\_ Grade 10-11 \_\_\_\_\_

Have you cheered before? \_\_\_ Yes \_\_\_ No If so, where? \_\_\_\_\_

Check <b>ALL</b> tumbling skills you throw on the <b>FLOOR &amp; WITHOUT</b> a spot		
STANDING	Standing SERIES TUMBLING	RUNNING
None or Back walkover	Multiple Back Handsprings	None or Round-off
Back Handspring	Two BHS to tuck	Back handspring
Standing Tuck	Back Handspring Tuck	Back tuck
Jump Tuck	Two BHS to Layout	Layout
Standing Full	Back Handspring Layout	Full
	Two BHS to Full	Double full
	Back Handspring Full	
List any Specialty Skills:		

At which stunt position do you have experience? **NONE FLYER BASE BACKSPOT**

**Check your most advanced Stunting skill level**

- \_\_\_ **Level 1** (No experience or level 1 stunts, preps)
- \_\_\_ **Level 2** (Ex. Preps, Extensions, Straight Cradle dismounts and baskets tosses)
- \_\_\_ **Level 3** (Ex. Extended one-legged stunts, Full twisting two-legged dismounts, single trick basket tosses)
- \_\_\_ **Level 4** (Ex. Extended one-legged stunts, Double twisting two-legged dismounts, kick-full basket tosses)
- \_\_\_ **Level 5** (Ex. Double twisting one-legged dismounts, Double twisting basket tosses, full-ups)

Are you willing to cheer for any Stingray team, regardless of level? \_\_\_ Yes \_\_\_ No

If No, circle levels on which you are willing to cheer and explain why:

1 - 2 - 3 - 4 - 5 Why? \_\_\_\_\_

What are your strengths? \_\_\_\_\_

What would be your best contribution as a team member? \_\_\_\_\_

**FOR STAFF USE ONLY**

Standing Tumbling	Running Tumbling	Jumps/Motions	Stunts/Flexibility

**Stingray Allstars  
2010-2011**

Member Form

**Parent Information**

**Mother's Name**

Last: \_\_\_\_\_

Work Phone: \_\_\_\_\_

First: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Cell : \_\_\_\_\_

City: \_\_\_\_\_

E-mail: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Dad's First Name: \_\_\_\_\_ Dad's Last Name: \_\_\_\_\_

\_\_\_\_\_

**Student Information**

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

D.O.B.: \_\_\_ / \_\_\_ / \_\_\_ M/F: \_\_\_ Trial Class: Day of Wk \_\_\_ Time \_\_\_

School: \_\_\_\_\_ Are you on a school squad? \_\_\_\_\_

\_\_\_\_\_

**Insurance Information**

Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

Carrier's Phone: \_\_\_\_\_ Group#: \_\_\_\_\_

\_\_\_\_\_

Please list any medical information, allergies, injuries, etc.:

\_\_\_\_\_

Waiver

Turn this page in with your paperwork.

**Stingray Allstars  
2010-2011**

**Stingray Cheer Company, Inc.  
PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK**

In consideration of the services of Stingray Cheer Company, Inc., its owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "SCC"), I hereby agree to release, discharge, and hold harmless SCC, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I understand and acknowledge that the activities that I or my child engage in while on the premises or under the auspices of SCC pose known and unknown risks which could result in injury, paralysis, death, emotional distress, or damage to me, my child, to property, or to third parties. The following describes some, but not all, of those risks:  
  
Cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading students would not improve their skills and the enjoyment of the sport would be diminished. Cheerleading and gymnastics expose participants to the usual risk of cuts and bruises, and other more serious risks as well. Participants often fall, sprain or break wrists and ankles, and can suffer more serious injuries. Traveling to and from shows, meets and exhibitions raises the possibilities of any manner of transportation accidents. In any event, if you or your child is injured, medical assistance may be required which you must pay for yourself.
2. I expressly agree and promise to accept and assume all of the risks, known and unknown, connected with SCC-related activities, including but not limited to performance of stunts and use of trampolines. My participation and that of my child is purely voluntary. No one has forced or coerced me or my child to participate. I elect for myself and my children to participate in such activities in spite of the risks.
3. I hereby voluntarily release, forever discharge, and agree to hold harmless and indemnify SCC from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my child's participation in SCC-related activities.
4. Should SCC be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and reimburse them for such fees and costs.
5. I certify that my child has health, accident and liability insurance to cover bodily injury or property damage that may be caused or suffered while participating in this event or activity, or else I agree to bear the costs of such injury or damage to my child. I further certify that I am willing to assume and bear the costs of all risks that may arise or be created, directly or indirectly, through or by any such condition.
6. In the event that I file lawsuit against SCC, I agree to do so solely in the State of Georgia and I further agree that the substantive and procedural laws in that state shall apply in any such action without regard to the conflict of laws rules thereof. I agree that if any portion of this agreement is found void or unenforceable, the remaining portions shall remain in full force and effect.
7. By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation or the participation of any of my children in this activity, I may be found by court of law to have waived my right to maintain a lawsuit against SCC on the basis of any claim from which I have released SCC by signing this Agreement.

**I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.**

Signature of Participant or parent: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENTS OR GUARDIAN'S ADDITIONAL INDEMNIFICATION**

(Must be completed for participants under the age of 18)

**In consideration of \_\_\_\_\_ (print minor's name) ("Minor") being permitted by SCC to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold SCC from any and all claims which are brought by, or on behalf of Minor and which are in any way connected with such use or participation by Minor.**

**Parent/Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_**

**Stingray Allstars  
2010-2011**

Please fill out completely the Financial Commitment (credit card information), Statement of Commitment, Roster Information For Team Rep, Tryout Form and Member Form and Waiver. Turn in all the pages with a copy of your cheerleader's birth certificate and your tryout fee to the front office by April 1<sup>st</sup> (seriously, this is not an April Fool's joke!). Tryout fee is \$50.00 if turned in by April 1<sup>st</sup>, after that the fee is \$75.00, no exceptions.

We are looking forward to another outstanding season. Please help us by following the guidelines set forth in this packet. It is much easier for the coaches and cheerleaders to do their job when they do not have to worry about outside issues. If we do not have all completed paperwork by the set tryout dates, your child will not be allowed to tryout.

**ALL GYM AND BOOSTER CLUB FEES FOR PRIOR SEASON MUST BE PAID IN FULL BEFORE YOUR CHILD WILL BE ALLOWED TO TRYOUT FOR THE UPCOMING SEASON.**



***Welcome to the family! Let's Go Rays!***